

**FROM:** Monie Byers, co-Meet Director (Athletic Administrator, Yerington H.S.)  
Pat Wulfekuhle, co-Meet Director (Athletic Director, Yerington H.S.).  
Todd Hunt (Boys Coach), Phillip Kruse (Girls Coach) & Scott Lommori (timing),  
Competition Coordinators (Yerington H.S. Track & Field)  
Jeannie Wildermuth, Meet Assistant (Athletic Secretary, Yerington H.S.)  
Donnie Nelson, Meet Coordinator (Assistant Director, NIAA)

## **2018 NIAA 3A-2A-1A NORTHERN LEAGUE TRACK and FIELD CHAMPIONSHIPS @ YERINGTON HIGH SCHOOL**

The 2018 NIAA Class(es) 3A, 2A & 1A Northern League boys & girls Track and Field Championships are set for Friday, May 11 (day one) and Saturday, May 12 (day two) at Yerington High School (114 Pearl Street, Yerington, NV 89447). The meet will be contested following the state meet (two-day) format. Coaches and athletes should note that the 2018 schedule has NOT changed from 2017 (per the NIAA Track and Field Coaches Advisory Committee and the State Meet Organizing Committee as voted on in 2004). The schedule will flip-flop days next year / again in 2019.

***PLEASE NOTE THAT ENTRIES ARE DUE SUNDAY, MAY 6 (see next page).***

### **MEET ORGANIZATION, MANAGEMENT AND OPERATIONS**

The Games Committee is responsible for the entire meet's management and all information above and beyond what is printed in this meet information packet.

The Jury of Appeals is responsible for the interpretation of all rules, regulations and policies set forth in this meet information packet and the National Federation rulebook.

The NIAA staff and Board of Control will communicate only with the Meet Directors with regards to meet operations.

### **RULES**

National Federation rules will govern the meet unless otherwise stated in this meet information packet. A three/five-member Jury of Appeals will rule on any protest. The decision of the Jury of Appeals is final. No recourse (to the NIAA office, its staff or Board of Control) of action will be permitted after a ruling by the Jury of Appeals.

### **PROBLEM PROTOCOL**

The head coach should proceed to the clerk / staging area to get in immediate contact with the Meet Referee when a protest situation occurs. Judgment decisions cannot be protested. The protest must cite a misapplication of a particular rule. A three/five-member Jury of Appeals will rule on any protest. The decision of the Jury of Appeals is final.

**ATTENTION NORTHERN NEVADA 3A-2A-1A TRACK & FIELD COACHES!**  
**\*\*\* MEET ENTRIES – DUE SUNDAY, MAY 6 BY 5:00 P.M. \*\*\***

Please be advised that all entries for the 2018 NIAA Class(es) 3A, 2A & 1A Northern Track and Field Championships meet will now be done exclusively on [www.athletic.net](http://www.athletic.net). It is very important that you take note of this.

The deadline for meet entries is Sunday, MAY 6 @ 5:00 p.m. After that deadline, the site shuts down and entries are closed!

***THERE IS NO COST FOR YOU (the coach / schools) TO ENTER ATHLETES AT ATHLETIC.NET. The NIAA will be picking up those fees. However, the responsibility to enter your student-athletes correctly (on time and in the right events) falls on you! Please, don't be late and make sure you get kids where they need to be!***

- ⇒ Please feel free to contact Pat Wulfekuhle, Athletic Director and co-Meet Director at Yerington High School, with any questions. Thank you.
- ⇒
- ⇒ Pat Wulfekuhle
- ⇒ Athletic Director & co-Meet Director
- ⇒ Yerington High School
- ⇒ 1-775-546-3026 / [pwulfekuhle@lyoncsd.org](mailto:pwulfekuhle@lyoncsd.org)

Each (Class 3A, 2A, 1A) school is limited to four (4) individual (boys and girls separate) entries and one relay team entry per event. Marks used for seeding must be from 2018 Nevada (in-state meets only) season.

The NIAA staff and its hosting school (Yerington) / Meet Director are NOT responsible for errors made on entry forms. Coaches should be absolutely sure the entry form is accurate and correct before submitting it to the Meet Director. All entries are final once the deadline has passed.

***NOTE: No changes to the original entries will be permitted once the site has closed, except in the case of injury or illness. These injury / illness substitutions must be a change out of specific individuals only. Athletes will not be permitted to change NOR add events. These substitutions must be someone who is NOT already on an entry list. The substitutions will be permitted until 24 hours prior to the start of the meet.***

**\*\*\*\* NOTE #2: FAILURE OF THE COACH TO SUBMIT THE ENTRIES ON TIME WILL RESULT IN THE HEAD COACH BEING SUSPENDED FOR THE FIRST DAY OF THE MEET!! \*\*\*\***

**MEET SCHEDULE – DAY ONE @ YERINGTON H.S. (\*\* 2:00 p.m. start time \*\*)**

***Friday, May 11 – TRACK EVENT TRIALS***

***1:00 p.m.***, Coaches Meeting

***2:00 p.m.***, 1A Girls 110m Hurdles – TRIALS (133)

2A Girls 110m Hurdles – TRIALS (97)

3A Girls 110m Hurdles – TRIALS (61)

1A Boys 100m - TRIALS (109)

2A Boys 100m - TRIALS (73)

3A Boys 100m - TRIALS (37)

1A Girls 200m - TRIALS (128)

2A Girls 200m - TRIALS (92)

3A Girls 200m - TRIALS (56)

***Friday, May 11 – TRACK EVENT FINALS***

***2:30 p.m.***, 1A Girls 3200m Relay (138)

2A Girls 3200m Relay (102)

3A Girls 3200m Relay (66)

1A Girls 110m Hurdles (133)

2A Girls 110m Hurdles (97)

3A Girls 110m Hurdles (61)

1A Boys 100m (109)

2A Boys 100m (73)

3A Boys 100m (37)

1A Girls 800m Relay (136)

2A Girls 800m Relay (100)

3A Girls 800m Relay (64)

1A Girls 1600m (131)

2A Girls 1600m (95)

3A Girls 1600m (59)

1A Boys 400m Relay (117)

2A Boys 400m Relay (81)

3A Boys 400m Relay (45)

1A Girls 400m (section finals\*) (129)

2A Girls 400m (section finals\*) (93)

3A Girls 400m (section finals\*) (57)

\* Top times overall advance to state.

1A Boys 300m Hurdles (section finals\*) (116)

2A Boys 300m Hurdles (section finals\*) (80)

3A Boys 300m Hurdles (section finals\*) (44)

\* Top times overall advance to state.

1A Boys 800m (finals) (112)

2A Boys 800m (finals) (76)

3A Boys 800m (finals) (40)

1A Girls 200m (128)

2A Girls 200m (92)

3A Girls 200m (56)

1A Boys 3200m (114)

2A Boys 3200m (78)

3A Boys 3200m (42)

1A Boys 1600m Relay (119)

2A Boys 1600m Relay (83)

3A Boys 1600m Relay (47)

***Friday, May 11 – FIELD EVENT FINALS***

***1:00 p.m.***, Shot Put, Discus weigh-ins open

***2:00 p.m.***, 2A Girls High Jump (105)

1A Girls High Jump to follow (141)

3A Girls High Jump to follow (69)

***2:00 p.m.***, 1A Girls Long Jump (139)

3A Girls Long Jump to follow (67)

2A Girls Long Jump to follow (103)

***2:00 p.m.***, 3A Boys Triple Jump (50)

2A Boys Triple Jump to follow (86)

1A Boys Triple Jump to follow (122)

***2:00 p.m.***, 2A Boys Pole Vault \* (88)

3A Boys Pole Vault \* to follow (52)

1A Boys Pole Vault \* to follow (124)

***2:00 p.m.***, 1A Boys Shot Put (125)

2A Boys Shot Put to follow (89)

3A Boys Shot Put to follow (53)

***2:00 p.m.***, 3A Girls Discus (72)

1A Girls Discus to follow (144)

2A Girls Discus to follow (108)

**MEET SCHEDULE – DAY TWO @ YERINGTON H.S. (\*\* 9:00 a.m. start time \*\*)**

***Saturday, May 12 – TRACK EVENT TRIALS***

***8:45 a.m., coaches review meeting if necessary***

***9:00 a.m., 1A Boys 110m Hurdles – TRIALS (115)***

***2A Boys 110m Hurdles – TRIALS (79)***

***3A Boys 110m Hurdles – TRIALS (43)***

***1A Girls 100m - TRIALS (127)***

***2A Girls 100m - TRIALS (91)***

***3A Girls 100m - TRIALS (55)***

***1A Boys 200m - TRIALS (110)***

***2A Boys 200m - TRIALS (74)***

***3A Boys 200m - TRIALS (38)***

***Saturday, May 12 – TRACK EVENT FINALS***

***9:30 a.m., 1A Boys 3200m Relay (120)***

***2A Boys 3200m Relay (84)***

***3A Boys 3200m Relay (48)***

***1A Boys 110m Hurdles (115)***

***2A Boys 110m Hurdles (79)***

***3A Boys 110m Hurdles (43)***

***1A Girls 100m (127)***

***2A Girls 100m (91)***

***3A Girls 100m (55)***

***1A Boys 800m Relay (118)***

***2A Boys 800m Relay (82)***

***3A Boys 800m Relay (46)***

***1A Boys 1600m (113)***

***2A Boys 1600m (77)***

***3A Boys 1600m (41)***

***1A Girls 400m Relay (135)***

***2A Girls 400m Relay (99)***

***3A Girls 400m Relay (63)***

1A Boys 400m (section finals\*) (111)  
2A Boys 400m (section finals\*) (75)  
3A Boys 400m (section finals\*) (39)

\* Top times overall advance to state.

1A Girls 300m Hurdles (section finals\*) (134)  
2A Girls 300m Hurdles (section finals\*) (98)  
3A Girls 300m Hurdles (section finals\*) (62)

\* Top times overall advance to state.

1A Girls 800m (finals) (130)  
2A Girls 800m (finals) (94)  
3A Girls 800m (finals) (58)

1A Boys 200m (110)  
2A Boys 200m (74)  
3A Boys 200m (38)

1A Girls 3200m (132)  
2A Girls 3200m (96)  
3A Girls 3200m (60)

1A Girls 1600m Relay (137)  
2A Girls 1600m Relay (101)  
3A Girls 1600m Relay (65)

***Saturday, May 12 – FIELD EVENT FINALS***

**8:00 a.m.**, Shot Put, Discus weigh-ins open... \* Weigh-ins also open during this time.

**9:00 a.m.**, 2A Boys High Jump (87)  
1A Boys High Jump to follow (123)  
3A Boys High Jump to follow (51)

**9:00 a.m.**, 1A Boys Long Jump (121)  
3A Boys Long Jump to follow (49)  
2A Boys Long Jump to follow (85)

**9:00 a.m.**, 3A Girls Triple Jump (68)  
2A Girls Triple Jump to follow (104)  
1A Girls Triple Jump to follow (140)

**9:00 a.m.**, 2A Girls Pole Vault \* (106)  
3A Girls Pole Vault \* to follow (70)  
1A Girls Pole Vault \* to follow (142)  
\* Weigh-ins will be conducted during check-in times

**9:00 a.m.**, 1A Girls Shot Put (143)  
2A Girls Shot Put to follow (107)  
3A Girls Shot Put to follow (71)

**9:00 a.m.**, 3A Boys Discus (54)  
1A Boys Discus to follow (126)  
2A Boys Discus to follow (90)



## **STATE QUALIFYING**

***3A Track & Field Events*** = The top three (3) placers in each event will advance to the 2018 NIAA Nevada State Track & Field Championships (May 18 & 19 at Carson High School in Carson City), presented by the Station Casinos.

***1A & 2A Track & Field Events*** = The top four (4) placers in each event will advance to the 2018 NIAA Nevada State Track & Field Championships (May 18 & 19 at Carson High School in Carson City), presented by the Station Casinos.

***The meet (and event) staff will attempt to break ties, even in the case of state qualifying positions, according to the procedures outlined in Rule 6, Section 3, Article 2 for throwing events and in Rule 7, Section 3, Article 2 for jumping events.***

## **TIES FOR STATE QUALIFYING POSITIONS**

1. Field Events – If a tie exists after rule book tie-breaking (placing) procedures have been applied, each tied athlete will advance to the state meet.
2. Running Events of 400 meters or less = A run-off will take place 30 minutes after the conclusion of the last running event in the meet.
3. Running Events of 800 meters or more = Each tied athlete will advance to the state meet.

## **SCORING**

Scoring will be to eight places (10, 8, 6, 5, 4, 3, 2 & 1) FOR ALL THREE LEAGUES.

## **UNIFORMS & JEWELRY**

Please refer to RULE 4, SECTION 3, ARTICLES 1-4 of the 2018 NFHS Track & Field rules book for information on a “Competitor’s Uniform.”

## **SPIKES**

The NIAA Board of Control officially adopted a ***3/16-inch*** spike rule. Pyramid and/or Needle spikes may not protrude more than 3/16-inch into the track/runway surface. All removable protrusions must be removed from the spike plate/shoe base. If an athlete is found to have competed with improper equipment, that athlete (and relay team) will be disqualified. Adopted, 2011.

## **EVENT AREA**

Coaches and non-participating athletes must stay outside all fenced, roped and flagged areas. Athletes must vacate the infield / event area immediately after the event's conclusion (awards ceremony).

## **CHECK-IN / CLERK & STAGING AREA**

Athletes must report and check-in with the clerk prior to the beginning of all events. The athletes may leave the staging area after check-in, however they will be responsible for arriving at the event site on time.

## **LANE ASSIGNMENTS**

Lane assignments will follow National Federation rules, weighing place first and time second.

## **STAGGERS (\*\* 8 or fewer, by lane... could create alleys for 1-2, 3-4, 5-6, 7-8, and base starts off lanes 1, 3, 5 & 7... four athletes per alley).**

400 Relay – 2-turn stagger (by lane)  
800 Relay – 4-turn stagger (by lane)  
1,600 Relay – 3-turn stagger (by lane)  
3,200 Relay – 1-turn stagger (by lane or alley)  
open 800 – 1-turn stagger (by lane or alley)  
open 1,600 – 1-turn stagger (by lane or alley)  
open 3,200 – 1-turn stagger (by lane or alley)

## **BLOCKS**

The Games Committee will provide starting blocks. Athletes may, however, use their own starting blocks.

## **WEIGH-INS**

Implement weigh-ins will take place.  
Pole vault weigh-ins will take place at the event site.

## **STARTING HEIGHTS & PROGRESSIONS**

High Jump – the Meet Director will determine the starting height. \*\*\*

The bar will progress up 2 inches until there are four competitors or less remaining, at which point the bar will then progress up 1 inch.

Pole Vault – the Meet Director will determine the starting height. \*\*\*

The bar will progress up 6 inches until there are four competitors or less remaining, at which point the bar will then progress up 3 inches.

\*\*\* It is recommended that starting heights be one increment below the mark of the 8th qualifier. It is the Meet Director's option, however, to start another increment lower depending on weather conditions and entry marks.

## **FIELD EVENT ATTEMPTS**

All Long Jump, Triple Jump, Shot Put and Discus event athletes will get three (3) attempts. The competitors (field) will then be re-ranked and (only) the top nine (9) athletes plus ties will receive three (3) additional attempts. Marks do carry over.

## **AWARDS**

The top four (4) placers in each division in each event will receive medals. The top boys and girls team in each class meet will receive a trophy.

## **ADMISSION**

Adults, \$10; Students, \$5; Seniors \$3  
Children age(s) 8 and younger, Free  
The NIAA Courtesy Card will be accepted.

## **HOST SCHOOL**

Pat Wulfekuhle, the Athletic Director at Yerington High School, will serve as the Meet Director. Mr. Wulfekuhle can be reached via phone at (775) 546-3026 and via e-mail at [pwulfekuhle@lyoncsd.org](mailto:pwulfekuhle@lyoncsd.org) .

*Yerington High School is located at 114 Pearl Street  
Yerington, NV 89447*