

# Big George Invitational

## Running Events Trials

Start Time	Event	Check-In Time (Approximate)
7:00am	Track Facility Opens	
9:15am	VB 110H	<b>8:30am*</b>
	VG 100H	
	VB 1600m Heat 1&2	First Call
	VG 1600m Heat 1	<b>9:00</b>
	VB 100m	<b>9:15am*</b>
	VG 100m	
	VB 4x800R	First Call
	VG 4x800R	<b>10:15</b>
	VB 200m	<b>10:45am*</b>
	VG 200m	
	VB 3200 Heat1	First Call
	VG 3200 Heat 1	<b>11:15</b>

### Notes:

Check –In for Running Event Trials: Athletes must check in before the posted deadline or they will be scratched from the event. These events will then be reseeded into lanes and heats.

## Running Events Finals

Start Time	Event	Check-In Time (Approximate)
<b>12:30pm</b>	VB 110H	First Call
	VG 100H	<b>12:00</b>
	VB 100m	First Call
	VG 100m	<b>12:15</b>
	VB 4x200R	First Call
	VG 4x200R	<b>12:30</b>
	VB 1600m Heat 3	First Call
	VG 1600m Heat 2	<b>1:15</b>
	VB 4x100R	First Call
	VG 4x100R	<b>1:45</b>
	VB 400m*	First Call
	VG 400m*	<b>2:15</b>
	VB 300H	First Call
	VG 300H	<b>3:00</b>
	VB 800m*	First Call
	VG 800m*	<b>4:00</b>
	VB 200m	First Call
	VG 200m	<b>4:30</b>
	VB 3200m Heat 2	First Call
	VG 3200m Heat 2	<b>4:45</b>
	VB 4x400R	First Call
	VG 4x400R	<b>5:15</b>

### Notes:

Check –In for Running Event Finals: Athletes must check in by the first call for their event or they will be scratched from the event.

- **400 meter dash and the 300meter hurdles are limited entry events. 3 entries per school per division**
- 800m will be run in alleys. (4 alleys)
- VB Varsity Boys Division
- VG Varsity Girls Division

# Field Events Schedule

7:00 am Track Facility Opens

There will be min. marks for the field events. All athletes will be guaranteed one measured mark. (First legal throw or jump.)

8:30 am Start time for all Field Events (Check in at the event area.)

Event areas listed below:

Long Jump West Pit  
VB followed by the VG  
Min. Mark VG 14 VB 18

Triple Jump North Pit VG  
followed by the VB  
Min Mark VG 29 VB 38

High Jump VG  
followed by VB  
Opening Height  
VG 4-4  
VB 5-0

Pole Vault South Pit  
VG followed by the VB  
Opening Height  
VG 7-0  
VB 9-0

Shot Put  
VB North Pit area followed by VG South Pit area  
Min Mark VG 25 VB 36

Discus (Main Field)  
VG followed by the VB  
Min Mark VG 70 VB 100

Notes:

**High Jump and Pole Vault** starting heights may change (lowered) due to entries or weather.

- VB Varsity Boys Division
- VG Varsity Girls Division